



DOWNSIZING CHECKLIST

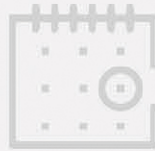
Moving on to a new home seems overwhelming at first, but when taken one step at a time, downsizing can be cathartic and liberating. Get started now rather than waiting until the move-out day draws near.

STEP 1:

Begin by organizing yourself.

Create a realistic timeline and get prepared to sort through each room.

- ☐ Get moving company estimates.
- ☐ Set a date for the move.
- ☐ Measure your new home.



STEP 2:

Decide which large items to keep.

Go through the list and check which items you need to keep.

- | | |
|--|--------------------------------------|
| <input type="checkbox"/> Washer & dryer | <input type="checkbox"/> Bedroom set |
| <input type="checkbox"/> Refrigerator | <input type="checkbox"/> Hobby items |
| <input type="checkbox"/> Microwave | <input type="checkbox"/> Couches |
| <input type="checkbox"/> Dining room set | <input type="checkbox"/> Tables |

STEP 3:

Sort unneeded items into piles.

Organize all furniture into separate piles by tagging with different colored stickers.

- ☐ Giveaway
- ☐ Donate
- ☐ Sell
- ☐ Trash pickup

STEP 4:

Prepare paperwork.

Complete the administrative work necessary for moving.

- ☐ Update your address with the post office.
- ☐ Talk with utility providers.
- ☐ Update magazine subscriptions.



STEP 5:

Pack.

Now that items are marked and clutter is gone, it's time to get packing.

- ☐ Acquire boxes.
- ☐ Enlist help.
- ☐ Label boxes.
- ☐ Pack an "open first" box.



Quick Tips:

- Measure your new living space and decide which large furniture items to keep ASAP.
- Schedule a large trash and donation pickup.
- Set an hour aside each day and sort slowly for less stress.

