DOWNSIZING CHECKLIST

Moving on to a new home seems overwhelming at first, but when taken one step at a time, downsizing can be cathartic and liberating. Get started now rather than waiting until the move-out day draws near.

STEP 1: Begin by organizing yourself.
Create a realistic timeline and get prepared to sort through each room.
- Get moving company estimates.
- Set a date for the move.
- Measure your new home.

STEP 2: Decide which large items to keep.
Go through the list and check which items you need to keep.
- Washer & dryer
- Refrigerator
- Microwave
- Dining room set
- Bedroom set
- Hobby items
- Couches
- Tables

STEP 3: Sort unneeded items into piles.
Organize all furniture into separate piles by tagging with different colored stickers.
- Giveaway
- Donate
- Sell
- Trash pickup

STEP 4: Prepare paperwork.
Complete the administrative work necessary for moving.
- Update your address with the post office.
- Talk with utility providers.
- Update magazine subscriptions.

STEP 5: Pack.
Now that items are marked and clutter is gone, it's time to get packing.
- Acquire boxes.
- Enlist help.
- Label boxes.
- Pack an “open first” box.

Quick Tips:
- Measure your new living space and decide which large furniture items to keep ASAP.
- Schedule a large trash and donation pick up.
- Set an hour aside each day and sort slowly for less stress.